



# **Montgomery Area School District**

## **PK-12 Athletics**

### **Health and Safety Plan**

---

The decision to resume sports-related activities, including conditioning, practices and games, is within the discretion of a school entity's governing body. Each school entity must develop and adopt an Athletics Health and Safety Plan aligning to the PDE Preliminary Guidance for Phased Reopening of Pre-K to 12 Schools prior to conducting sports-related activities with students. The plan must include the provisions of this guidance, be approved by the local governing body of the school entity, and be posted on the school entity's publicly available website. School entities should also consider whether the implementation of the plan requires the adoption of a new policy or revision of an existing policy.

Each school entity should continue to monitor its Athletics Health and Safety Plan throughout the year and update as needed. All revisions should be reviewed and approved by the governing body prior to posting on the school entity's public website.

## Table of Contents

<b>Athletics Health and Safety Plan.....</b>	<b>3</b>
Resuming PK-12 Sports-Related Activities .....	4
Primary Point of Contact.....	5
Key Strategies, Policies, and Procedures .....	5
Cleaning, Sanitizing, Disinfecting and Ventilation .....	5
Social Distancing and Other Safety Protocols .....	8
Monitoring Student Athletes and Staff Health .....	15
Other Considerations for Student Athletes and Staff .....	19
Athletic Health and Safety Plan Professional Development .....	22
Athletic Health and Safety Plan Communications .....	23
<b>Athletics Health and Safety Plan Summary .....</b>	<b>24</b>
Facilities Cleaning, Sanitizing, Disinfecting and Ventilation.....	24
Social Distancing and Other Safety Protocols.....	24
Monitoring Student Athletes and Staff Health.....	25
Other Considerations for Student Athletes and Staff.....	26
<b>Athletics Health and Safety Plan Governing Body Affirmation Statement.....</b>	<b>27</b>

## **Athletics Health and Safety Plan: Montgomery Area School District**

All decision-makers should be mindful that as long as there are cases of COVID-19 in the community, there are no strategies that completely eliminate transmission risk within a school population. The goal is to keep transmission as low as possible to safely continue school activities. All school activities must be informed by [Governor Wolf's Process to Reopen Pennsylvania](#). The administration has categorized reopening into three broad phases: red, yellow, or green. These designations signal how counties and/or regions may begin easing some restrictions on school, work, congregate settings, and social interactions:

- Red Phase: Schools remain closed for in-person instruction and no sports are allowed in counties designated as being in the Red Phase.
- Yellow Phase and Green Phase: Schools may resume sports-related activities after developing a written Athletics Health and Safety Plan, to be approved by the local governing body (e.g. board of directors/trustees) and posted on the school entity's publicly available website.

Use this template to document your LEA's plan to bring back student athletes and coaching staff, how you will communicate the type with stakeholders in your community, and the process for continued monitoring of local health data to assess implications for school sports-related activity operations and potential adjustments throughout the school year.

Your school entity should account for changing conditions in your local Athletics Health and Safety Plan to ensure seamless transition from more to less restrictive conditions in each of the phase requirements as needed. Depending upon the public health conditions in any county within the Commonwealth, there could be additional actions, orders, or guidance provided by the Pennsylvania Department of Education (PDE) and/or the Pennsylvania Department of Health (DOH) designating the county as being in the red, yellow, or green phase. Some counties may not experience a straight path from a red designation, to a yellow, and then a green designation. Instead, cycling back and forth between less restrictive to more restrictive designations may occur as public health indicators improve or worsen.

## Resuming PK-12 Sports-Related Activities

### Key Questions

- How do you plan to bring student athletes and staff back to physical school buildings, particularly if social distancing is still required?
- How did you engage stakeholders in the decision to resume sports-related activities, including try-outs, conditioning, practices, and games?
- How will you communicate your plan to your local sports and school communities?
- Once you resume sports-related activities, what will the decision-making process look like to prompt a school closure or other significant modification to sports activities?

### Summary of Responses to Key Questions:

Student-athletes have been engaged in non-contact voluntary activities in small groups that began on June 22, 2020. Conditioning activities in small groups were implemented on prior stated date and will continue to be implemented throughout heat acclimation and the first two weeks of pre-season activities. All coaches have been deemed a key stakeholder and have been in direct contact with athletic pandemic coordinator in making these decisions. The plan is posted on our district website, will be disseminated via social media, email, and all-call system with all key communicators such as local media, parents, community members, and local schools. This document is fluid and will continue to be modified as conditions change. All changes will be communicated to stakeholders immediately upon any change made to the health and safety plan.

**Anticipated launch date for sports related activities: June 22, 2020 for out-of-season voluntary activities and August 10, 2020 for in-season mandatory activities.**

## Primary Point of Contact

Each school entity must designate a primary point of contact with defined roles and responsibilities for health and safety preparedness and response planning for sports-related activities. The point of contact will be responsible for responding to all questions related to COVID-19. All parents, student athletes, officials, and coaches must be provided the person's contact information.

Point of Contact Name	Position of Point of Contact	Contact Information
Mike Snyder	Director of Athletics	<a href="mailto:msnyder@montasd.org">msnyder@montasd.org</a> or 570-547-1608 x1147

## Key Strategies, Policies, and Procedures

Use the action plan templates on the following pages to create a thorough plan for each of the requirements outlined in the [Pennsylvania Guidance for All Sports Permitted to Operate During the COVID-19 Disaster Emergency](#).

For each domain of the Athletics Health and Safety Plan, draft a detailed summary describing the key strategies, policies, and procedures your LEA will employ to satisfy the requirements of the domain. The domain summary will serve as the public-facing description of the efforts your LEA will take to ensure health and safety of every stakeholder in your local education community. Thus, the summary should be focused on the key information that staff, students, and families will require to clearly understand your local plan for the phased reopening of schools. Use the key questions to guide your domain summaries.

For each requirement within each domain, document the following:

- **Action Steps under Yellow and Green Phase:** Identify the discrete action steps required to prepare for and implement the requirement under the guidelines outlined for counties in yellow or green. List the discrete action steps for each requirement in sequential order.
- **Lead Individual(s) and Position(s):** List each person responsible for ensuring the action steps are fully planned and the system is prepared for effective implementation.
- **Materials, Resources, and/or Supports Needed:** List any materials, resources, or supports required to implement the requirement.
- **Professional Development (PD) Required:** Identify the training or professional development that will be provided to staff, students, families, and other stakeholders to implement each requirement effectively.

In the following tables, an asterisk (\*) denotes a mandatory element of the plan. All other requirements are highly encouraged to the extent possible.

## Cleaning, Sanitizing, Disinfecting, and Ventilation

### Key Questions

- How will you ensure the athletic facilities are cleaned and ready to safely welcome coaching staff and student athletes?

- How often will you implement cleaning, sanitation, disinfecting, and ventilation protocols/procedures to maintain coaching staff and student athlete safety?
- What protocols will you put in place to clean and disinfect throughout the day?
- Which stakeholders will be trained on cleaning, sanitizing, disinfecting, and ventilation protocols? When and how will the training be provided? How will preparedness to implement as a result of the training be measured?

**Summary of Responses to Key Questions:**

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
--------------	--	---------------------------------	--	----------------------

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p><b>* Cleaning, sanitizing, disinfecting, and ventilating spaces, surfaces, and any other areas used by student athletes and sporting activities (i.e., restrooms, drinking fountains, locker rooms and transportation)</b></p>	<p>All coaches, players, and janitors will undergo training on proper cleaning, sanitizing, disinfecting according to the guidelines of the CDC, PA DOH, and UPMC via the athletic trainer in the pre-season coaches meetings.</p> <p>Locker rooms, weight room, and restrooms will be cleaned daily and after each team usage using electrostatic (Victory) Sprayer</p> <p>Athletic equipment will be wiped after each individual use using EPA approved cleaner for sanitization</p> <p>Hand sanitizers have been placed throughout the facilities.</p> <p>All high-touch surfaces will be disinfected regularly including railings, doors, door handles, light switches, and equipment.</p> <p>Communal drinking fountains have been removed. Water filling stations have been added and will be disinfected during the day.</p> <p>Buses will be thoroughly cleaned using the electrostatic (Victory) sprayer before and after each use.</p> <p>Individuals will wear masks to and from competition.</p> <p>Social distancing on buses will be implemented to the extent possible.</p>	<p>Director of Buildings and Grounds</p> <p>Athletic Trainer</p> <p>Director of Athletics</p> <p>MACC Coordinator</p> <p>Coaches</p>	<p>Victory Electrostatic Sprayer, sanitation wipes</p> <p>CDC and PA DOH Guidelines for cleaning, sanitizing, and disinfecting equipment</p>	<p>Y</p>
<p><b>Other cleaning, sanitizing, disinfecting, and ventilation practices</b></p>	<p>Bus windows shall be open as practicable.</p>			

## Social Distancing and Other Safety Protocols

### Key Questions

- How will conditioning, practice, and game spaces be organized and scheduled to mitigate spread?
- How will you group student athletes with coaches to limit the number of individuals who come into contact with one another throughout the conditioning, practices, meetings, team meals, games, etc.?
- What policies and procedures will govern use of other communal spaces (locker rooms, restrooms)?
- How will you utilize outdoor space to meet social distancing requirements?
- What hygiene routines will be implemented?
- How will you adjust student transportation to meet social distancing requirements?
- How will social distancing and other safety protocols vary based on age ranges?
- Which stakeholders will be trained on social distancing and other safety protocols? When and how will the training be provided?

### Summary of Responses to Key Questions:

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
--------------	--	---------------------------------	--	----------------------



Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p><b>* Protocols for social distancing student athletes and staff throughout all activities, to the maximum extent feasible</b></p>	<p><b>All coaches, players and staff will be trained during the pre-season player and coaches meetings on best practices of social distancing according to the CDC and PA DOH guidelines.</b></p> <p>All events must be scheduled with the Director of Athletics/Athletic Pandemic Coordinator.</p> <p><b>Students shall practice in small groups when feasible and avoid large group instruction both indoors and outdoors and have limited contact.</b> There shall be no hand shaking, fist bumps, high fives, or other unnecessary physical contact at any time.</p> <p><b>Gathering sizes shall be determined by the CDC/PA DOH Governor's guidelines in both green and yellow phases.</b></p> <p>Practices will be held outdoors when weather and conditions permit.</p> <p><b>Bench areas will be expanded when possible.</b></p> <p>Athletes not actively participating shall practice social distancing on bench/sideline to the extent possible. <b>The number of players who dress for games will be reduced when feasible.</b> Practice times shall be staggered to the extent possible. <b>Coaches and athletes will social distance to the extent possible while eating and not sit directly across from one another.</b> Locker room groups shall be assigned and the number shall be based on roster size. <b>Team meetings shall take place outdoors when possible. Individuals will wear face coverings and remain 6 feet apart when not actively participating indoors.</b></p>	<p>Director of Athletics</p> <p>Athletic Trainer</p> <p>Coaches</p>	<p>PA DOH and CDC Guidelines for Social Distancing</p>	<p>Y</p>

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p><b>* Procedures for serving food at events</b></p>	<p>No food shall be served at events to spectators.</p> <p>Any team meal will be grab and go.</p>	<p>Director of Athletics</p> <p>Coaches</p>		<p>Y</p>
<p><b>* Hygiene practices for student athletes and staff which include the manner and frequency of hand-washing and other best practices</b></p>	<p>Each individual will wash hands using soap and water or hand sanitizer before, during, and after all practices and competitions.</p> <p>Each individual will wipe personal athletic equipment (water bottles, gloves, shoes) during screening process in direct sight of coaches. The EPA approved sanitization wipe shall be provided by the coaches.</p> <p>Individuals shall cough and/or sneeze in elbow and avoid touching eyes and face.</p> <p>No spitting, chewing gum, or eating sunflower seeds during practices or games.</p>	<p>Director of Athletics</p> <p>Coaches</p>	<p>Hand sanitizer, sanitation wipes</p>	<p>Y</p>
<p><b>* Posting signs, in highly visible locations, that promote everyday protective measures, and how to stop the spread of germs</b></p>	<p>Signs have been purchased and shall be hung throughout all athletic facilities including locker rooms, weight room, restrooms, gymnasium and other communal areas.</p> <p>CDC health and safety posters shall be placed throughout of athletic facilities.</p> <p>Directional signs will be posted throughout athletic facilities as well as social distancing guidelines.</p>	<p>Director of Athletics</p>	<p>Posters and other signage</p>	<p>N</p>

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p><b>* Identifying and restricting non-essential visitors and volunteers</b></p>	<p>Only coaches, athletes, essential event personnel, and media shall be permitted inside buildings or at events.</p> <p>No youth sports will be permitted on school property.</p> <p>No visitors shall be allowed.</p> <p>Parents shall remain in vehicles while dropping off or picking up athletes from practices or events.</p> <p>Montgomery Area Athletic and Community Center shall be closed.</p>	<p>Director of Athletics</p> <p>MACC Coordinator</p> <p>Coaches</p>	<p>Parent Letter</p>	<p>N</p>

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<b>Limiting the sharing of materials and equipment among student athletes</b>	<p>Each individual must supply their own water bottle.</p> <p>Water bottles will not be shared.</p> <p>Hydration stations (water coolers, touch fountains, troughs, hoses) shall not be utilized unless they are hands free and only to fill individual bottles.</p> <p>All personal equipment must equipment shall be clearly labeled with the owner's name and must be taken home after each workout and sanitized.</p> <p>Equipment will be monitored by the coach or staff member who is with the student-athletes.</p> <p>Each athlete shall use the athlete's own ball while engaged in practice to the extent possible.</p> <p>Individual equipment shall be purchased and used to the extent possible during practices and competitions.</p> <p>Individuals shall be given personal equipment bags to use when possible.</p>	<p>MACC Coordinator</p> <p>Coaches</p>	<p>Water bottles, hands free fountains, and equipment bags</p>	<p>Y</p>

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<b>Staggering the use of communal spaces (i.e., locker rooms, weight rooms, etc.)</b>	<p>All events including practices, team meetings, and fundraisers must be scheduled and approved by the Director of Athletics/Athletic Pandemic Coordinator.</p> <p>Locker room groups shall be applied to each team. Limited numbers of athletes and coaches will be permitted in communal spaces at one time.</p> <p>Weight room activities must be scheduled in coordination with MACC Coordinator.</p> <p>Participants will be limited and social distancing shall be applied to the extent possible.</p>	<p>Director of Athletics</p> <p>MACC Coordinator</p>	<p>Fundraiser forms, athletic scheduling software</p>	<p>Y</p>
<b>Adjusting transportation schedules and practices to create social distance</b>	<p>Individuals will be spaced out to meet CDC guidelines to the extent possible.</p> <p>Buses shall operate with a maximum of two individuals per assigned seat with the understanding that masks will be required of individuals while on the bus.</p> <p>If the situation arises family members will sit together on the bus.</p> <p>Bus windows will remain open if possible.</p>	<p>Director of Athletics</p> <p>Coaches</p>		<p>N</p>
<b>Limiting the number of individuals in athletic activity spaces, and interactions between groups of student athletes</b>	<p>No Red Raider Night or any other event requiring all athletes to congregate together shall be permitted.</p> <p>Team pictures will be done with 15 minutes between each sport to allow time for the facility to be cleared.</p> <p>Individual teams may not engage in any activities together.</p>	<p>Director of Athletics</p> <p>MACC Coordinator</p> <p>Coaches</p>		<p>N</p>

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<b>Other social distancing and safety practices</b>	<p>PPE (gloves, masks, eye protection) will be used as needed and situations warrant, or determined by local/state governments.</p> <p>All current guidance from the CDC and the PA Department of Health will be implemented to the greatest extent possible.</p> <p>All current guidance from the PIAA Return to Competition Individual Sports Considerations will be followed to the greatest extent possible.</p>	Director of Athletics	PPE, guidance from CDC and PA Dept. of Health	Y

## Monitoring Student Athletes and Staff Health

### Key Questions

- How will you monitor student athletes, coaches, and others who interact with each other to ensure they are healthy and not exhibiting signs of illness?
- Who will be responsible for monitoring?
- Where will the monitoring take place?
- When and how frequently will the monitoring take place?
- What is the policy for quarantine or isolation if a coach, student athlete, or other member of the school community becomes ill or has been exposed to an individual confirmed positive for COVID-19? What conditions will a coach or student athlete confirmed to have COVID-19 need to meet to safely return to sports activities? Which staff will be responsible for making decisions regarding quarantine or isolation requirements of coaches or student athletes?
- When and how will families be notified of confirmed coach or student athlete illness or exposure and resulting changes to the local Athletics Health and Safety Plan?
- Which stakeholders will be trained on protocols for monitoring student athlete and staff health? When and how will the training be provided?

### Summary of Responses to Key Questions:

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
--------------	--	---------------------------------	--	----------------------

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p><b>* Monitoring student athletes and staff for symptoms and history of exposure</b></p>	<p>All coaches, athletes and staff will be screened prior to each workout using COVID-19 screening form and daily temperatures will be taken.</p> <p>If temperature is &gt;100.4° the individual will be sent home.</p> <p>Any person with positive symptoms reported shall not be allowed to participate in an activity directed to contact a health care professional and sent home.</p> <p>Records will be privately stored by each head coach of their respective sport, and they will submit to Director of Athletics weekly.</p> <p>The Athletic Pandemic Coordinator shall be responsible for all notification to parents/guardians and students of positive symptoms and all contact tracing in cooperation of the PA DOH via phone or face-to-face conversation. The name of the individual student shall not be released.</p> <p>Athletes will be screened using temperature checks upon entering the building prior to the start of school.</p> <p>Athletes will be screened using temperature checks prior to entering the athletic facility or the start of each practice or event.</p> <p>Administrators, coaches, and staff will be trained on signs and symptoms of COVID-19 according to the PA DOH and CDC guidance.</p>	<p>Director of Athletics</p>	<p>COVID-19 daily screening form</p> <p>Thermometers</p>	<p>Y</p>



Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p><b>* Isolating or quarantining student athletes, coaching staff, or visitors if they become sick or demonstrate a history of exposure</b></p>	<p>Any individual having traveled, or planning to travel to an area where there are high amounts of COVID-19 cases shall not be permitted at or around any MASD sporting practices or events for 14 days upon their return to Pennsylvania. The following states are currently subject to quarantine (this list is subject to change at any point during the pandemic):</p> <ul style="list-style-type: none"> <li>• Alabama</li> <li>• Arizona</li> <li>• Arkansas</li> <li>• California</li> <li>• Florida</li> <li>• Georgia</li> <li>• Idaho</li> <li>• Iowa</li> <li>• Kansas</li> <li>• Louisiana</li> <li>• Mississippi</li> <li>• Missouri</li> <li>• Nevada</li> <li>• North Carolina</li> <li>• Oklahoma</li> <li>• South Carolina</li> <li>• Tennessee</li> <li>• Texas</li> <li>• Utah</li> <li>• Wyoming</li> </ul> <p>Any individual who reports having had close contact (&lt; 6 ft for &gt; 15minutes whether or not masked) with a person, who tested positive for COVID-19, shall not be permitted at or around any MASD sporting practice or events for 14 days.</p>	<p>Director of Athletics</p>	<p>PA DOH guidelines  CDC guidelines</p>	<p>N</p>

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<b>* Returning isolated or quarantined coaches, staff or student athletes, to school and/or athletics</b>	Student-athletes, coaches, or staff must provide proof of medical clearance from their physician or appropriate healthcare professional indicating they are eligible for return to participation.	Director of Athletics  Athletic Trainer		Y
<b>Notifying coaching staff, families, and the public of cancellation of sports-related activities, school closures and other changes in safety protocols</b>	All events shall be posted on the district website.  All cancellations and school closures shall be posted to district website and social media outlets.  Coaches shall be notified of cancellations and school closures via email, social media, phone, and in-person.  Local media shall be notified of cancellations and school closures via email and social media.	Director of Athletics	Local newspapers and media outlets,  social media, email, and phone	N
<b>Other monitoring and screening practices</b>	The MASD Athletic Pandemic Coordinator will initiate contact tracing under the supervision of UPMC and the PA Department of Health.	Director of Athletics  Athletic Trainer	PA DOH guidelines  CDC guidelines	Y

## Other Considerations for Student Athletes and Staff

### Key Questions

- How will you determine which coaches and other athletic staff are willing/able to return? How will you accommodate staff who are unable or unwilling to return?
- How will you determine which student athletes are willing/able to return? How will you accommodate student athletes who are unable or unwilling return?
- What is the local policy/procedure regarding face coverings for all coaches and athletic staff? What is the policy/procedure for student athletes?
- What special protocols will you implement to protect student athletes and staff at higher risk for severe illness?
- How will you address coaches and other athletic staff who are ill, or who have family members who have become ill?
- How will you manage teams in the event of coaching staff illness? Do you have substitute coaches available?
- Which stakeholders will be trained on these protocols? When and how will the training be provided?

### Summary of Responses to Key Questions:

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* <b>Protecting student athletes and coaching staff at higher risk for severe illness</b>	<p>Athletes and coaches will maintain social distancing the extent possible around high-risk individuals and wear PPE at all times.</p> <p>Flexible practice schedules will be developed to meet the needs of the individual to the extent possible.</p> <p>Limit contact for any individual that is high risk.</p> <p>Any student-athlete who is high risk can focus on individual skills while social distancing from the remainder of the team during practices.</p>	<p>Director of Athletics</p> <p>Coaches</p>	PPE	Y
* <b>Use of face coverings by all coaches and athletic staff</b>	Coaches and staff shall wear face coverings at all times during practices, competitions, and events.	<p>Director of Athletics</p> <p>Head Coaches</p>	Face coverings	Y

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p><b>* Use of face coverings by student athletes as appropriate</b></p>	<p>Athletes shall wear face coverings to and from all practices and events, and while participating in any team gathering including the weight room.</p> <p>Athletes wear face coverings while not actively participating in practices or competitions including on sideline/bench.</p>	<p>MACC Coordinator</p> <p>Coaches</p>	<p>Face coverings</p> <p>PPE</p>	<p>Y</p>
<p><b>Unique safety protocols for student athletes with complex needs or other vulnerable individuals</b></p>	<p>Flexible practice schedules will be developed for individuals with complex needs or are vulnerable.</p> <p>Vulnerable individuals will have limited contact during practices to the extent possible.</p> <p>Virtual coaching and/or at home drills will be offered to any vulnerable athlete with complex needs.</p>	<p>Coaches</p>		<p>N</p>
<p><b>Management of Coaches and Athletic Staff</b></p>	<p>Coaches and athletic staff who become ill or have household members who become ill, shall be quarantined and not allowed to participate until clearance from a healthcare professional is provided.</p> <p>In the case a head coach becomes unable to participate, an assistant coach designated by either the head coach or Director of Athletics will resume responsibilities.</p> <p>In the case there are no assistants willing/able to participate the MACC Coordinator or Director of Athletics will handle all organized activities until an approved coach or replacement is approved by the board of education.</p> <p>In the case none of the aforementioned individuals are able the sport will be shut down until an approved coach is able to return or a replacement is approved by the board of education.</p>	<p>Director of Athletics</p>		<p>N</p>



## Athletics Health and Safety Plan Professional Development

The success of your plan for resuming sports-related activities safely requires all stakeholders to be prepared with the necessary knowledge and skills to implement the plan as intended. For each item that requires staff training, document the following components of your professional learning plan.

- **Topic:** List the content on which the professional development will focus.
- **Audience:** List the stakeholder group(s) who will participate in the learning activity.
- **Lead Person and Position:** List the person or organization that will provide the professional learning.
- **Session Format:** List the strategy/format that will be utilized to facilitate professional learning.
- **Materials, Resources, and or Supports Needed:** List any materials, resources, or support required to implement the requirement.
- **Start Date:** Enter the date on which the first professional learning activity for the topic will be offered.
- **Completion Date:** Enter the date on which the last professional learning activity for the topic will be offered.

Topic	Audience	Lead Person and Position	Session Format	Materials, Resources, and or Supports Needed	Start Date	Completion Date
Health and Safety Plan	Coaches, staff, athletes, and parents	Director of Athletics Athletic Trainer	In-person or virtual	Health and Safety Plan Zoom	Upon school board approval	By 8/10/20
Cleaning and Sanitizing	Coaches, staff, athletes, and parents	Director of Building and Grounds	In-person	Sanitizing sprayers, Health & Safety Plan, various cleaning equipment & procedures	Upon school board approval	By 8/10/20
	Custodial and maintenance	Athletic Trainer				
Screening	Coaches and staff	Athletic Trainer	In-person	Screening form and procedures, health and safety plan	Upon school board approval	By 8/10/20
Hygiene	Coaches, athletes, parents, and staff	Athletic Trainer	In-person, documents	PowerPoint by UPMC and other educational handouts by health professionals and CDC	Upon school board approval	By 8/10/20

## Athletics Health and Safety Plan Communications

Timely and effective family and caregiver communication about sports-related health and safety protocols and schedules will be critical. Schools should be particularly mindful that frequent communications are accessible in non-English languages and to all caregivers (this is particularly important for children residing with grandparents or other kin or foster caregivers). Additionally, school entities should establish and maintain ongoing communication with local and state authorities to determine current mitigation levels in your community.

Topic	Audience	Lead Person and Position	Mode of Communication	Start Date	Completion Date
<b>Athletics Health and Safety Plan</b>	Parents & Community	Superintendent Athletic Pandemic Coordinator/Director of Athletics	In-person and/or Virtual	Upon board approval of Safety Plan	By 8/10/20
<b>Changes in Health &amp; Safety Plan</b>	Coaches, athletes, parents, and community	Superintendent Athletic Pandemic Coordinator/Director of Athletics	In-person and/or Parent Link	When applicable	Ongoing
<b>Change to Event Schedule</b>	Coaches, athletes, parents, and community members	Director of Athletics	Email, phone, social media, and local media	When applicable	Ongoing
<b>Health and Safety Guidelines from PA DOH, CDC, and UPMC</b>	Coaches, athletes, parents, and community	Superintendent	District website, social media	Ongoing	Ongoing

## Athletics Health and Safety Plan Summary: **Montgomery Area School District**

Anticipated Launch Date: **August 10, 2020**

Use these summary tables to provide your local education community with a detailed overview of your Athletics Health and Safety Plan. School entities are required to post this summary on their website. To complete the summary, copy and paste the domain summaries from the Athletics Health and Safety Plan tables above.

### Facilities Cleaning, Sanitizing, Disinfecting, and Ventilation

Requirement(s)	Strategies, Policies and Procedures
<b>* Cleaning, sanitizing, disinfecting, and ventilating learning spaces, surfaces, and any other areas used by students (i.e., restrooms, drinking fountains, locker rooms, and transportation)</b>	<p>Locker rooms, weight room, and restrooms will be cleaned daily using electrostatic (Victory) Sprayer</p> <p>Athletic equipment will be wiped after each individual use using Clorox wipes or a substitute safe for individuals</p> <p>Hand sanitizers have been placed throughout the facilities.</p> <p>All high-touch surfaces will be disinfected regularly including railings, doors, door handles, light switches, and equipment.</p> <p>Communal drinking fountains have been removed. Water filling stations have been added and will be disinfected during the day.</p> <p>Buses will be sanitized before and after each use.</p>

### Social Distancing and Other Safety Protocols

Requirement(s)	Strategies, Policies and Procedures
<b>* Protocols for social distancing student athletes and staff throughout all activities, to the maximum extent feasible</b>	<p>No food will be served at events.</p>
<b>* Procedures for serving food at events including team meetings and meals</b>	<p>Bench/sideline areas will be expanded to maintain social distancing to the extent possible.</p> <p>Outdoor practices will be held when possible.</p>
<b>* Hygiene practices for student athletes and staff including the manner and frequency of hand-washing and other best practices</b>	<p>All individuals will wash hands before, during, and after each practice or event.</p>



Requirement(s)	Strategies, Policies and Procedures
<p><b>* Posting signs, in highly visible locations, that promote everyday protective measures, and how to stop the spread of germs</b></p> <p><b>Identifying and restricting non-essential visitors and volunteers</b></p> <p><b>Limiting the sharing of materials and equipment among student athletes</b></p> <p><b>Staggering the use of communal spaces (i.e., locker rooms, weight rooms, etc.)</b></p> <p><b>Adjusting transportation schedules and practices to create social distance between students</b></p> <p><b>Limiting the number of individuals in athletic activity spaces and interactions between groups of student athletes</b></p> <p><b>Other social distancing and safety practices</b></p>	<p>Hand sanitizer dispensers have been placed throughout all athletic facilities.</p> <p>Equipment will not be shared to the extent possible and shall be wiped down after each individual use.</p> <p>Individuals must provide their own water bottle.</p> <p>No visitors will be permitted.</p> <p>No youth sports will be permitted on school property.</p> <p>The Montgomery Area Athletic and Community Center shall remain closed.</p> <p>Locker room groups will be created.</p> <p>Practice schedules will be staggered to the extent possible.</p> <p>No Red Raider Night or any other event requiring the congregation of athletes and/or community members.</p>

## Monitoring Student Athletes and Staff Health

Requirement(s)	Strategies, Policies and Procedures
<p><b>* Monitoring student athletes and staff for symptoms and history of exposure</b></p> <p><b>* Isolating or quarantining student athletes, coaching staff, or visitors if they become sick or demonstrate a history of exposure</b></p> <p><b>* Returning isolated or quarantined coaching staff, student athletes, or visitors to school</b></p> <p><b>Notifying coaching staff, families, and the public of cancellation of sports-related activities, school closures and other changes in safety protocols</b></p>	<p>All student-athletes, coaches, and staff will be screened using temperature checks and daily screening form before each organized activity.</p> <p>Any individual who becomes ill must provide documentation of clearance from a healthcare professional in order to return to participation.</p> <p>Any individual who travels to a state identified by the PA DOH must undergo a 14-day quarantine or provide documentation of clearance from a healthcare professional in order to return to participation.</p> <p>No visitors will be permitted at any athletic events.</p>

Requirement(s)	Strategies, Policies and Procedures
	<p>The Montgomery Area Athletic and Community Center shall be closed.</p> <p>All scheduled athletic events and changes to athletic events including school closures will be posted on the district website, and disseminated to all stakeholders via email, social media and local media.</p>

### Other Considerations for Student Athletes and Staff

Requirement(s)	Strategies, Policies and Procedures
<p><b>* Protecting student athletes and coaching staff at higher risk for severe illness</b></p> <p><b>* Use of face coverings by all coaches and athletic staff</b></p> <p><b>* Use of face coverings by student athletes as appropriate</b></p> <p><b>Unique safety protocols for student athletes with complex needs or other vulnerable individuals</b></p> <p><b>Management of Coaches and Athletic Staff</b></p>	<p>Coaches and staff must wear face coverings at all times.</p> <p>Student athletes must wear face coverings while not actively participating in any activity.</p> <p>A replacement coach will be identified by the Director of Athletics for a coach unwilling or unable to perform their duties as a coach when necessary.</p>

## Athletics Health and Safety Plan Governing Body Affirmation Statement

The Board of Directors/Trustees for **Montgomery Area School District** reviewed and approved the Athletics Health and Safety Plan on **August 4, 2020**.

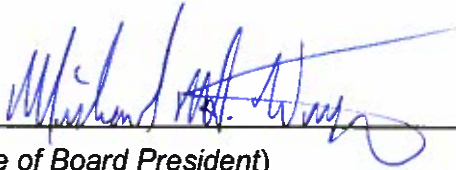
The plan was approved by a vote of:

  6   Yes

  1   No

Affirmed on: **August 4, 2020**

By:



\_\_\_\_\_  
(Signature of Board President)

Michael A. Wright

\_\_\_\_\_  
(Print Name of Board President)